

Warwick Interdisciplinary<br>Research Centre for<br>International Development

TOOLKIT FOR INTEGRATING A
GENDER-SENSITIVE APPROACH
INTO RESEARCH AND CHECKLIST
FOR PREPARING THE GENDER EQUALITY
STATEMENT FOR GRANT APPLICATIONS
TO UKRI GCRF AND NEWTON FUND CALLS

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The Toolkit

Gender equality has been highlighted as key to accomplishing the Sustainable Development Goals, but gender analysis is often missing and misunderstood in research. As men and women have distinct roles and responsibilities, their experiences nd perspectives on issues can be quite different. It is mportant to note, however, h hat diff andwonen race, sexuality etc intersect with gender to produce omplex perspectives among groups. Thus, gender needs to be mainstreamed into every component of research in complex ways: identification of a problem; conceptual framework; methodology; mplementation; and analysis and interpretation of the result (Callamard, 1999). For more on the gendered analysis of research, see the appendix.
The aim of this Toolkit is to help researchers to ain a better understanding of how to mainstream constructing research questions and/or hypothese to the concluding phase of data compilation, analysis and reporting. It also provides a practical checklist on how to prepare the Gender Equality Statement for inclusion in grant applications.
The Toolkit comprises the following sections: efinitions and key concepts; designing you esearch team; introducing gender content; gender outcomes; a gender Toolkit checklist.

Definitions and Key Concepts
What is Gender and Gender Equality?
Gender is socially and culturally defined, which means that gender is not necessarily fixed and can change ${ }^{3}$. This can cause differences in nderstanding and experiences of gender across ifferent countries, cultures and contexts. UN and opportunities associated with being male and female' and the relationships between men, women, girls and boys ${ }^{4}$. Although men and women represent the most common genders, it is becoming increasingly common to think beyond gender binaries. For example, though sex defined according to one's genitalia is often understood s biologically determined, increasing research on
challenged our common understanding of a fixed, binary sexual and gender divide.

Gender equality therefore means that people of different genders have equal rights and entitlements to human, social, economic and cultural developmen and an equal voice in civil and political rights ${ }^{6}$. However, equality does not mean that everyone has define for themselves the objectives of development and to seek outcomes which are not necessarily identical to those sought and enjoyed by men.

The aim of better compliance of research, analysis and dissemination of research findings with the International Development (Gender Equality) Act is to ensure that inequality is not perpetuated; tha the different rights and needs of all genders are different genders share the benefits of research and innovation projects.

Better compliance needs researchers to leave enough time to think through and come to agreements about how to approach gendered inequalities in their field and about what steps to ake to challenge and address these. The idea of on the various aspects of hender inequalities, identify ne various aspects of gender inequalities, identify assumptions and to develop strategies of making research and impact work gender equitable. Below we outline four steps for doing this.

Step 1: Designing the Research Team

## What is a gender-sensitive approach to conducting

 research?The lack of recognition of the relevance of gender in esearch is closely related to the underrepresentation of women and other sexual minority groups
at all levels of academic and research careers. Consequently, below we take you through how a gender-sensitive approach may be integrated into excellence of our research processes.

Gender-sensitive research takes into account the differences between men and women in all aspects fhe research, from the mivilicea, to formulatis

and eventually to the outcomes and presentation of the results. A gender-sensitive approach strives to provide representation of both women and men, a well as transgender and non-binary populations in

How to introduce gender in research project teams Apart from keeping a gender balanced composition of research teams, a participatory research
environment is beneficial where women and men are not segregated or do not have different segregated oles in the research team.

## To achieve this, you may consider:

Is your team diverse? (Diversity as understood in ethnicity, race, mother tongue, class, marital status, sexuality, disability and gender of the research staff)
Have you noticed a pattern of hierarchical gendered relations in your team? (for instance, Senior
Researchers tend to be men, and Junior Research Fellows - who are less well paid, and have less contro over the research agenda - tend to be women).
Are the working conditions within the project (e.g. working hours and tasks) shaped in the way that people with caring responsibility receive adequate support in carrying out their job.
If there is a significant gender imbalance in your research group and other protected population groups are missing, how do you encourage peopl belonging to the minority groups to apply for a new position in your project?
Step 2: Introducing gender content in your research

## ow to formulate gender-sensitive research

questions?
By identifying research problems in a gender-sensitive way, we draw attention towards how to detect gender , inpes, inequalities, and gender biases.

## You may consider

Did you have different groups of men and women and gender minority people in mind when you
Whe identifying a research proble
When identifying a research problem, did you consider how men, women and people from gender If your project deals with structural issues of a society (decision- and policy-making, for example) think through how you can take gender nequalities (political representation, access to public resources, employment, patterns of ownership of assets and pay gaps for instance) into ccount in your research questions and how th

When identifying a research problem, conside in what ways are male and female bodies are design. Male physical norm for medical research or example, might lead to issues of identification and therefore of diagnosis
When compiling a list of references (literature review) for your research, look for gender-sensitive literature and research projects conducted in you field (see the appendix for some of the literature we have covered in developing this Toolkit). This will help you to identify gender-sensitive research questions as you begin to reflect on the literature

## Detectin

## biases

Unconscious bias plays a big role in how gender stereotyping is reproduced in our research, which refers to a bias that we are unaware of, and which happens outside of our control. It is a bias that is assessmedts our brain making quick judgments and our background, cultural environment and personal experiences

You may consider the following
If you are considering gender differences in your research, have you asked yourself if you are mayb projecting stereotypical roles onto how women momen) (for instance, farmers = men; carers desire?
How would you identify your own unconscious bia bias that the universe a course on unconsciou equire your team to do the same before finalising your research questions.

## Step 3: How to apply a gender-sensitiv

 theoretical/methodological structure?A gender-sensitive research methodology is a approach to research that "takes into account gender the similarities and differences between men and women's experiences and viewpoints and gives equal value to each." ${ }^{7}$ An important part of this is to disaggregate data by sex and gender, as well as to analyse data in gender-sensitive way.

## You may consider the following

Research that does not apply a gender-sensitiv approach may draw general conclusions based on partial or inadequate data. For example, if we should include both male and female points view. Do you have male and female respondents/
subjects in your research sample? If we want to research a medical phenomenon, consider whether you should select both female and male patients, where appropriate.
ality of the the gender and data gathered and generated: this needs to particularly sensitively thought about when methodologies such as interviews or ethnographic studies are concerned, although face to face surveys can also be affected by this issue. Hence, ppropriate arrangemme safeguard the quality of data.

- If you are producing new, original methodology, think how you could integrate gender into it.
or disseminating questionnaires, design your questions so they are relevant to both women and men, as well as to people who identify as nonbinary.
Are you using gender-sensitive language in your project outline? In most European languages, plural masculine form is often used to refer to both men and women - when referring to unknown dividuals, officials' titles, names of the professio masculine and feminine ones, makes women visible in both life and science. Even more, using eminine forms may remind you of the potential ender dimension in your research, which you might have overseen. Sometimes, using gender neutral pronoun 'they' would be appropriate if your research include working with non-binary people
If part of your project is conducting visual analysis, think how images could reproduce certain re including spatial and/or statistical analysis, think about what these approaches reveal and obscure regarding gender roles and relations.
Finally, how can you demonstrate your research team are properly trained to conduct the research in a gender-sensitive manner?


## Disaggregate data by sex/gender where possible

 and analyse data in a gender-sensitive wayYoumay consider:
be disaggregated by sex. This will provide you be disaggregated by sex. This will provide you
with a richer analysis of the data collected. Use intersectional approach to data collection when possible.

- If you are using statistical or other data collected by public bodies, ensure wherever possible to analyse them with the gender dimension in mind. Especially when conducting population polls, and expect from each gender If you organise focus groups or collect other qualitative data
consider how to recruit appropriate ratios of men and women in the sample.
When conducting laboratory or medical experiments, always report sex of the cells, tissues, nets you are using. If you are using why, and note limitations in scussio the gender ratio in ding policy analysis, be aware of Step 4: How to produce gender-sensitive esearch outcomes?
Here we suggest what could be gender-sensitive eporting of results, and how to identify users and beneficiaries of research findings in a gender-
sensitive way.

You may consider:
Do you report data in a gender-sensitive way? Try to scrutinize your findings through a gender lens.
the result of your project is a policy ecommendation, do you think about equal opportunities for men, women and other gender and sexual
Have you checked if your publication/exhibition presents images of different genders? Have you considered if these images may reproduce stereotypical gender roles?

## Gender-sensitive identification of users

## beneficiaries

Have you considered how people of different genders could use the project results in different ways?

- If you are conducting research, think how it improves lives of both men and women. Have you considered transgender people?
- If the outcome of your project is a new/improved product or technology, think how it will be used by and benefit lives of different genders In what ways do your research outcomes relate to gender inequalities in the society?
Finally, remember to identify potential resistance and blind spots from within: self-evaluation of the collection and interpretation of data, as well as the vocabulary/language used that shapes our gendered understanding of both the social and natural worlds.
he gender dimension should be proportionately and meaningfully considered in research wherever appropriate. Applicants are required to addres depending on the nature of their research and innovation, not all questions will be applicable.


Gender equality has been highlighted as key to accomplishing the Sustainable Development Goals ${ }^{8}$, but gender analysis is often missing and misunderstood in research. As men and women have distinct roles and responsibilities in various cultures, their experiences and perspectives on issues can be quite different. Without gender analysis, the impact of research may not be equally beneficial for both men and women (LERU, 2015:3). Thus, gender needs to dentification of a problem; conceptual framework: methodology; implementation; and analysis and interpretation of the result (Callamard, 1999).

## Data Bias and Data Gaps

htraditional research, women's experiences and points of view often remain invisible. For example, in terms of poverty assessment based on household income and consumption, different experiences o poverty among household members are seldom mainly performed by women is ignored, whereas productive work is significantly considered and productive work is significantly considered and
valued in economic analysis (Chant, 2006; Hoskyn and Rai, 2007; Hillenbrand et al., 2015). Overemphasi on income may not address women's poverty as women may not necessarily have access to household ncome due to unequal power relations and resource distribution within households (Chant, 2003:14-15). A similar case is also found in agricultural productivity women are treated as farm helpers, assuming that they contribute less to productivity than men (Dos 2017:38). Although women play a significant role in arm production in distinctive ways and, in certain eases they spend more time than men in agricultural production, roles and contributions of male farmers are highlighted and measured as income generators (Doss, 2017), ignoring women's productivity. In this vein, the integration of a gender perspective into he conceptual and methodological ramework can between gender and poverty visible (Bastos et al, 2009). Gender and agricultural productivity can be mproved by improving the quality and coverage of sex-disaggregated data (Doss, 2017).

Another limitation often faced in research is the gender-biased assumption that men can be used as he norm group of the entre population (Thibaut atriarchal values (Elson 1999) The bias and seems to be particularly reflected in biological,
medical and health research, viewing men as the standard by which all the things are measured (Rothenberg, 1996:1206; Criado Perez, 2019). For instance, pharmacological response and side effects between men and women are different (Donovan, 2005), however, as medical and drug research is predominantly conducted on men only, (Holdcroft, 2007:2), little information about the effects of drugs n women can create dangerous consequences for by Goetz et al. (2014) shows that researchers suppose that testosterone is only present as a male hormone, even when changes in the brain are observed in wome due to testosterone administration. Such an assumption can lead to a choice to test the connection between estosterone and aggression in men only, and thus significant information on the relationships in female would possibly be missed (Goetz et al., 2014:324).

The generalisation that certain issues concern only women can also be found. The assumption of breast cancer as a female disease is a good example. This assumption eliminates the chance to better understand male breast cancer, developing only female animal models (Francia et al., 2009). Thus, it is important to avoid generalisation and ensure that research encapsulates a gender-balanced approach.
Due to feminist campaigns, gender is becoming recognised as an important component of research
in different disciplines. Yet, gender is often conflated with biological sex or commonly used to refer to only women, whereas transgender or non-binary people are less likely to be recognised (Shannon et al., 2019:565). While some issues are more pressing for women such as domestic violence, men also face specific challenges that require specific attention. Fo example, men tend to face mental iliness due to lack of access to healthcare services (Masika, 2002:5), and sotions of maslinity (Esplen, 2006:3) These scenarios are linked to patients' views of masculine norms but also those of health care providers Courtenay, 2000). This is in line with Rälsänen and Hunt (2014) who found that men are under-diagnosed and under-treated for anorexia and other eating disorders because of the perception that eating disorders are a women's ilness. In addition, research on the impacts of child sexual exploitation faced 2014:4). Given that $33 \%$ of people affected by child sexual exploitation from 2008 to 2013 in the UK were
male (Cockbain et a.., 2014:4), it seems dangerous oo think that sexual and gender-based violence only affects females. In sum, prescribed gender roles are lereotypes are not p a proble r women but

## Data collection and collectors

eople involved with collecting data can have an influence on the research outcome. When interviewing female victims of violence, for example, it can be challenging for them to give testimony to male isurchers, which can lead to underestimation and nisunderstanding of the issue. In such research, female researchers and interpreters would be able bjects (Callamard, 1990:31). Similarly in medicin and health research, several studies show that the results vary according the nature of research, respondents and researchers involved. For example, Greenwood et al. (2018) who investigated the mortality of patients with acute myocardial infraction, argue that physician-patient gender concordance contributes to better patient outcomes. The research discovered articularly higher mortality in women cared for by male doctors than in those treated by female doctors, communication and as a result a less psychosocial counselling offer that can have important clinica implications for patient outcomes (Tsugawa et al., 2017). These examples suggest that the gender dynamics present in the methodology affects the authenticity, quality and value of the result itself.
intersectional approaches to gender research It is important to note that viewing women or men as ariability and the complexity of an issue which they ace. Men's and women's experiences differ according to race, class, ethnicity, religion, sexual orientation, etc. Callamard, 1999:10). For example, in relation to the mpacts of climate change, for example, women, or hose in son-preference communities are less likely to be able to swim which can reduce their ability to survive limate-changed related disasters including flooding ad tsunamis. This was known to be the case in the 2004 tsunami affecting Asia. However, not all women or o climate change Someone who lives in a vulnerable area, who is poor and who relies on natural environmen or their income may be more vulnerable than others. An intersectional approach in policy discussions and program design can address underlying inequalities between groups and improve assistance to them. Another good example is seatbelt design. In the past, seatbelts did not fit pregnant women properly and thus motor vehicles crashes led to foetal death and materna trauma (Weiss et al. 2001; Weiss and Strotmeyer, 2002).

Intersectional analysis in crash test dummies allows researchers to see the impact on the womb, placenta and fetus and its result can contribute to enhancing

Although gender issues are receiving greater attention and the amount and quality of genderdisaggregated data is improving, women seem to nited by restrictive gender norms. In addition, intersectionality of gender and other characteristics is underdeveloped. Many fields of research would continue to benefit from refining their approach to gender-sensitive research, collecting genderacross disciples to address the many challenges that create and perpetuate gender inequalities.

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